

BREAKFAST MENU

SMALL PLATES AND SUCH

Morning Crunch	House made Toasted Granola, with Almonds, Golden Raisins, Banana Chips and Honey, Choice of Flavored Low Fat Yogurt	9.25
Seasonal Fruit Sampler	Flavored Yogurt, Freshly Baked Muffin	14.75
Norwegian Smoked Salmon	Freshly sliced Tomatoes, Capers, Red Onion, Toasted Bagel	16.
The Veranda Continental	Basket of Assorted Freshly Baked Pastries, Seasonal Fruit, Preserves, Fresh Squeezed Orange or Grapefruit Juice, Coronado Moonlight Coffee	14.
Buttermilk Pancakes	Served with Vermont Maple Syrup Add, chocolate Chip, Banana, or Blueberries for 1.	10.5
Belgian Waffle	Fresh Strawberries, Chantilly Cream	11.5
The Veranda French Toast	House Baked Cinnamon Bread, Warm Vermont Maple Syrup, Served with Fresh Local Fruit	14.
Hoeuvos Rancheros	Black bean, fried egg, Rancheros sauce, green onions, tomato and cilantro	11

OUR FAVORITES

The American Breakfast	Two Eggs, Choice of Smoked Bacon, Pork Sausage or Black Forest Ham, Served with Home Fried Potatoes and Your Choice of Toast	12.75
Create Your Own Omelet	Three Eggs with Cheese Each Additional Choices: Ham, Tomato, Mushroom, Pepper, Onion Spinach, Bacon, Sausage, Salsa	9. 0.75
The Border	Two Eggs Omelet, with Applewood Smoked Bacon, Roasted Anaheim Chiles and Corn, Fire Roasted Red Onions, Melted Pepper Jack Cheese, Lucio's Salsa Roja and Corn Tortillas	13.75
Eggs Benedict	Two Eggs Poached to Perfection, Classic Hollandaise Sauce, Canadian Bacon, Served a top crispy English Muffins, Served with Home Fried Potatoes.	13.5
La Jolla Healthy Breakfast	Egg White Omelet, with Wilted Arugula, Shitake Mushrooms, Oven Roasted Tomatoes, Grilled Vegetable Hash and Your Choice of Toast	12.75
Breakfast Burrito	Scrambled Eggs, Green Onions, tomatoes, chorizo, white cheddar and pinto beans	10.

BEVERAGES

Juices, Coffee, etc.	Ryan Brother's Coffee, Fresh Orange, Grapefruit, Pineapple, Apple, Cranberry, Carrot, V8, or Tomato Juice, Tea, Milk and Chocolate	5.
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Smoothies	The Jump Start	Banana and Guava with Bee Pollen and Ginseng	6.
	Power Smoothie	Citrus and Pineapple with Whey Protein	6.
	The Healthy Blend	Apple Juice, Strawberries, Bananas, Low Fat Yogurt, Granola, Enjoy with a Spoon!!	6.
Fruits		Fruit Plate	7.
		Bowl of Seasonal Berries	7.
		Half Grapefruit	3.5

EXTRAS

Bakeries	Muffin, Croissant, Bagel, English Muffin, Toast Homemade Cinnamon Bread	3.
Sides	Rosemary Breakfast Potatoes	4.
	Smoked Bacon, Pork Sausage, Black Forest Ham or Turkey Bacon	3.5
Cereals	Oatmeal and cold cereals	3.
	with seasonal berries	Add 4.