



## *Rancho Bernardo Inn* SAN DIEGO

After 45 years, this legendary golf resort can finally also be called a spa retreat. Nestled in a quiet residential enclave of north San Diego, Rancho Bernardo Inn has always held a lot of appeal. The sprawling Old California/Spanish-style property stretches out over 250 leafy acres with tall eucalyptus trees, gurgling fountains at every turn, hearty terra-cotta planters, sunny brick courtyards, old-fashioned lanterns hanging from branches of olive trees, and cacti growing from the terraced hillsides.

In the morning, the only sounds are birdsongs; when the sun sets, the crackle of big open, outdoor fireplaces beckons you to bask in their warmth. Even the sprawling lobby, which looks like it might be the living room of an old ranch home, invites restful lingering with rustic wood floors, overstuffed couches, a piano, and a couple of half-finished jigsaw puzzles.

In such a peaceful, pretty, outdoorsy, and utterly Californian setting, the new spa blends right in. The resort knocked out 10 tennis courts and in their place built a new spa, complete with a glistening saline spa pool heated to a perfect 85 degrees and flanked

with white cabanas. The pool is adjacent to a secluded spa garden where a waterfall splashes into a whirlpool, surrounded by fragrant lavender and rosemary. Both the garden and the pool area are perfect for relaxing with a book or enjoying a light lunch.

The signature "Made Fresh Daily" treatments incorporate seasonal organic products from a nearby farm and the spa's own garden. Therapists blend the ingredients into scrubs and body treatments, and guests receive a "Spa to Go" card with a sprig of herbs, a chef's recipe, and an in-home spa treatment suggestion.

Five adobe-style massage casitas with traditional red-tile roofs are tucked away in this peaceful setting. Inside they are totally private, woodsy, and comfortable, with both ceiling fans and heat lamps, depending on the season. Their walls are actually retractable wooden shutters, which can be raised to offer garden and fountain views and give an open-air California feel.

For more information call 800-700-7329 or visit [www.ranchobernardoinn.com](http://www.ranchobernardoinn.com).