

SMALL
PLATES

- morning crunch** | house made toasted granola | honey | flavored low fat yogurt \$9.25
- seasonal fruit sampler** | flavored yogurt | baked muffin \$14.75
- norwegian smoked salmon** | sliced tomatoes | capers | red onion | toasted bagel \$16
- the veranda continental** | assorted pastries | seasonal fruit | fresh squeezed juice | coffee \$14
- buttermilk pancakes** | vermont maple syrup \$10.50
- ADD \$1 chocolate chips | banana | blueberries
- belgian waffle** | fresh strawberries | chantilly cream \$11.5
- the veranda french toast** | house made cinnamon bread | vermont maple syrup | local fruit \$14
- huevos rancheros** | black beans | fried egg | rancheros sauce | scallions | tomatoes | cilantro \$11

OUR
FAVORITES

- the american breakfast** | choice of smoked bacon, pork sausage or black forest ham | two eggs | home fried potatoes | toast \$12.75
- the border** | two egg omelet | applewood smoked bacon | roasted anaheim chiles | corn | fire roasted red onions | pepper jack cheese | salsa | corn tortillas \$13.75
- eggs benedict** | two poached eggs | hollandaise | canadian bacon | home fried potatoes \$13.50
- la jolla healthy breakfast** | egg white omelet | arugula | shitake mushrooms | oven roasted tomatoes | grilled vegetable hash | toast \$12.75
- breakfast burrito** | scrambled eggs | scallions | tomatoes | chorizo | cheddar | pinto beans \$10

create your own omelet | three eggs with cheese \$9
add ham | tomato | mushroom | pepper | onion | spinach | bacon | sausage | salsa \$.75 EACH

BEVERAGES

- juice** \$5
orange | grapefruit | pineapple | apple | cranberry | carrot | v8 | tomato
- coffee** | ryan brother's micro brewed coffee \$3.5
- tea** \$5
- milk** | plain or chocolate \$5

SMOOTHIES

- jump start** | banana | guava | bee pollen | ginseng \$6
- power smoothie** | citrus | pineapple | whey protein \$6
- healthy blend** | apple juice | strawberries | bananas | low fat yogurt | granola \$6

EXTRAS

- fruits**
fruit plate \$7 | cup of seasonal berries \$5 | half grapefruit \$5
- bakery** \$3
muffin | croissant | bagel | english muffin | toast | home made cinnamon bread | scones
- cereals**
oatmeal \$5 | cold cereals \$3.5 ADD seasonal berries \$4
- rosemary breakfast potatoes** \$4
- smoked bacon** \$3.50
- pork sausage** \$3.50
- black forest ham** \$3.50
- turkey bacon** \$3.50